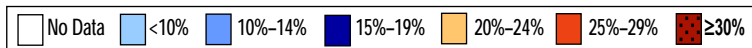
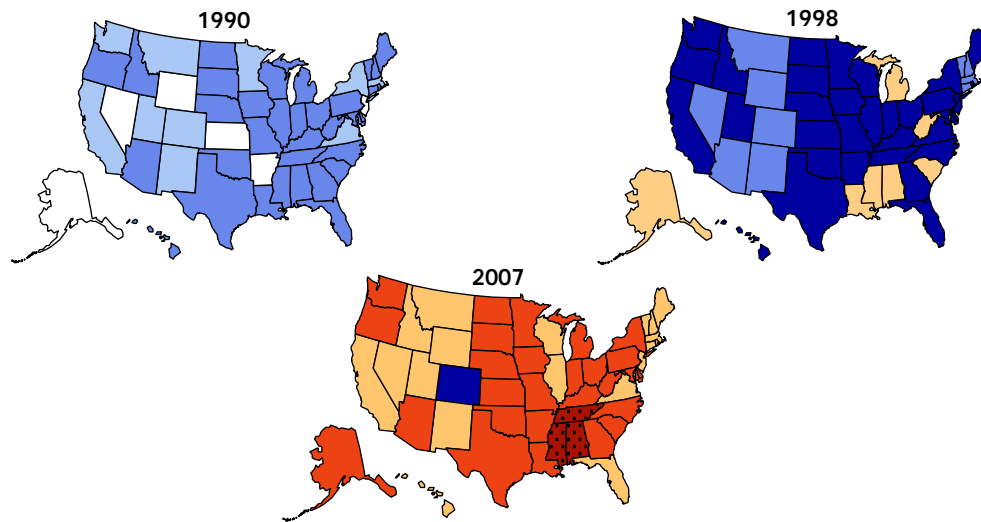


Obesity Rates are on the Rise Nationally and in Minnesota

Obesity Trends* Among U.S. Adults

BRFSS, 1990, 1998, 2007

(*BMI ≥ 30 , or about 30 lbs. overweight for 5'4" person)



Source: CDC Behavioral Risk Factor Surveillance System.